


NORTHRIDGE MIDDLE/HIGH SCHOOL 2021-22 Lunch Menu



MENU #1

MONDAY Sausage, Egg & Cheese Hash Browns Fresh or Canned Fruit Orange Juice - HS	TUESDAY Quesadilla & Salsa Carrots & Ranch Dip Fresh or Canned Fruit Baked Scoops - HS	WEDNESDAY Calzone Green Beans Fresh or Canned Fruit Fruit Snacks - HS	THURSDAY Chicken Nuggets Broccoli Fresh or Canned Fruit Cinnamon Goldfish - HS	FRIDAY Hamburger WG Bun Baked Beans Fresh or Canned Fruit Fruit Punch - HS
--	--	---	--	--




MENU #2

MONDAY "Viking Bowl" Fresh or Canned Fruit Dinner Roll - HS	TUESDAY Mexican Pizza & Salsa Carrots & Ranch Dip Fresh or Canned Fruit WG Rice Krispie Treat - HS	WEDNESDAY Dominos Smart Slice Green Beans Fresh or Canned Fruit Fruit Snacks - HS	THURSDAY Chicken Strips Broccoli Fresh or Canned Fruit Chocolate Chip Cookie - HS	FRIDAY Chili Dog WG Bun Baked Beans Fresh or Canned Fruit Fruit Punch - HS
---	--	---	---	--




MENU #3

MONDAY French Toast Sticks Hash Brown Patty Sausage Links Fresh or Canned Fruit String Cheese - HS	TUESDAY Walking Taco Carrots & Ranch Dip Fresh or Canned Fruit WG Rice Krispie Treat - HS	WEDNESDAY Calzone Green Beans Fresh or Canned Fruit Fruit Snacks - HS	THURSDAY General Tso's & Rice Broccoli Fresh or Canned Fruit Egg Roll - HS	FRIDAY Hamburger WG Bun Baked Beans Fresh or Canned Fruit Fruit Punch - HS
---	---	---	--	--



MENU #4

MONDAY COOK'S CHOICE	TUESDAY Chicken & Rice Bowl Carrots & Ranch Dip Fresh or Canned Fruit Baked Scoops - HS	WEDNESDAY Dominos Smart Slice Green Beans Fresh or Canned Fruit Fruit Snacks - HS	THURSDAY Chicken Patty WG Bun Broccoli Fresh or Canned Fruit Cinnamon Goldfish - HS	FRIDAY Philly Beef Sandwich Baked Beans Fresh or Canned Fruit Fruit Punch - HS
--------------------------------	---	---	---	--

Lunch Price
Grades HS \$3.25
Grades MS 3.00
Adult \$4.00
Reduced \$.40
Extra Milk \$.50
 Milk Choices: White or Chocolate

BREAKFAST MENU

MON	Donuts
TUES	Cereal Pack
WED	Cereal Pack
THURS	Cereal Pack
FRI	Donuts

- Water, Milk, Carrots and Fresh Apples offered.
- Salads, Wraps, Grab n Gos and Burgers will be available daily for High School.
- Salads and Grab n Gos will be available for Middle School.
- A variety of breakfast items are offered daily. A complete breakfast includes an entrée, juice, fruit, and milk. A student is required to take ½ cup of fruit or juice for a complete breakfast.
- Menus are subject to change due to availability, change in schedule or inclement weather. We will do our best to communicate menu changes.

- We cannot guarantee trace values of allergens due to manufacture production, alterations, substitutions, or recipe changes.
- Northridge Local School participates in the NSLP. A meal consists of 5 components: an entrée, which is 2 components (a protein and a whole grain) , a fruit, a vegetable, and a milk. Students must select at least 3 of the 5 components one of which must be either a fruit or vegetable. All students are required to purchase a full reimbursable meal but are allowed to substitute the carrots or apple for the vegetable or fruit being served that day.
- Free and Reduced lunch applications are accepted all year and can be obtained online at the payschoolscentral.com or Northridge website or a paper application can be picked up at any school office.
- **Two Ways to Prepay For Lunches!!!**
 1. Please make all checks payable to **Northridge Local Schools** and include the students name and PIN number on the check. **No Cash Accepted.**
 2. You may make online meal payments at payschoolscentral.com Please check our website and follow the link. This online system allows you to set up an account to view transactions, account balances, and allows you to set up automatic reload and email reminders for low balances.
- For additional information please contact Carley Lewis at clewis1@laca.org or 740-966-3275.

Follow the menu with its calendar day. Each week is represented by a color and represents a 4 - week cycle menu.

Please check the website at: www.northridge.k12.oh.us

This institution is an Equal Opportunity Provider & Employer.

WG=Whole Grain

AUGUST 2021	SEPTEMBER 2021	OCTOBER 2021	NOVEMBER 2021	DECEMBER 2021	JANUARY 2022	FEBRUARY 2022	MARCH 2022	APRIL 2022	MAY 2022	JUNE 2022
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3 4 5 6 7	1 2 3 4	1 2	1 2 3 4 5 6	1 2 3 4	2 3 4 5 6 7 8	1 2 3 4 5	1 2 3 4 5	1 2	1 2 3 4 5 6 7	1 2 3 4
8 9 10 11 12 13 14	5 6 7 8 9 10 11	3 4 5 6 7 8 9	7 8 9 10 11 12 13	5 6 7 8 9 10 11	9 10 11 12 13 14 15	6 7 8 9 10 11 12	6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11
15 16 17 18 19 20 21	12 13 14 15 16 17 18	10 11 12 13 14 15 16	14 15 16 17 18 19 20	12 13 14 15 16 17 18	16 17 18 19 20 21 22	13 14 15 16 17 18 19	13 14 15 16 17 18 19	10 11 12 13 14 15 16	15 16 17 18 19 20 21	12 13 14 15 16 17 18
22 23 24 25 26 27 28	19 20 21 22 23 24 25	17 18 19 20 21 22 23	21 22 23 24 25 26 27	19 20 21 22 23 24 25	23 24 25 26 27 28 29	20 21 22 23 24 25 26	20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25
29 30 31	26 27 28 29 30	24 25 26 27 28 29 30	28 29 30	26 27 28 29 30 31	30 31	27 28	27 28 29 30 31	24 25 26 27 28 29 30	29 30 31	26 27 28 29 30