

NORTHRIDGE Intermediate/Middle/High School 2019-20 Lunch Menu



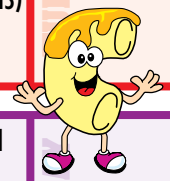
Lunch Price

Grades K-3 \$2.75
 Grades 4-12 3.00
 Adult \$3.25
 Reduced \$.40
 Extra Milk \$.50

Milk Choices: White or Chocolate

MENU #1 **MONDAY**

Quesadilla w/Salsa Steamed Carrots Fresh or Canned Fruit Tostito Baked Scoops (HS)	COOKS CHOICE	WEDNESDAY Dominos Smart Slice Pizza Green Beans Fresh or Canned Fruit WG M&M Cookie (HS)	THURSDAY Chicken Strips Augratin Potatoes Chocolate Ice Cream Fresh or Canned Fruit WG Roll (HS)	FRIDAY Cheeseburger W/G Bun Tomato, Onion Lettuce Baked Beans Fresh or Canned Fruit Fruit Punch (HS)
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MENU #2 **MONDAY**

BRUNCH for LUNCH French Toast/Syrup Hash Browns/Sausage Links Danimals Yogurt Fresh or Canned Fruit Orange Juice (HS)	TUESDAY Macaroni & Cheese Peas Fresh or Canned Fruit WG Cinnamon Roll (HS)	WEDNESDAY Fiesta Pizza w/Salsa Green Beans Fresh or Canned Fruit WG M&M Cookie (HS)	THURSDAY General Tso W/G Chicken WG Rice & Steamed Carrots Fortune Cookie Fresh or Canned Fruit Egg Roll (HS)	FRIDAY Corn Dogs Broccoli Fresh or Canned Fruit Baked Chips (HS)
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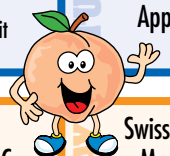


MENU #3 **MONDAY**

VIKING DAY "Viking Bowl" Mashed Potatoes, Popcorn Chicken, Corn, Cheese, SideKick Slushie WG Dinner Roll (HS)	TUESDAY Sack Lunch PBJ Uncrustables or Sub Sandwich (HS) Cheesestick/Baby Carrots Goldfish & Apple Fruit Punch (HS)	WEDNESDAY Dominos Smart Slice Pizza Green Beans Fresh or Canned Fruit WG M&M Cookie (HS)	THURSDAY Chicken Nuggets Broccoli Fresh or Canned Fruit WG Rice Krispie Treat Baked Chips or Sunchips (HS)	FRIDAY Cheeseburger W/G Bun Tomato, Onion Lettuce Baked Beans Fresh or Canned Fruit Danimals Yogurt (HS)
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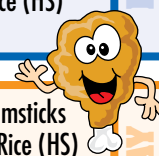
MENU #4 **MONDAY**

BRUNCH for LUNCH Sausage, Egg & Cheese Sandwich WG Biscuit (HS) W/G Eggo Mini Waffles (4-8) Hash Browns Danimals Yogurt Fresh or Canned Fruit Orange Juice (HS)	TUESDAY TACO TUESDAY Walking Taco Tossed Romaine Salad SideKick Slushie Apple Juice (HS)	WEDNESDAY Italian Pepperoni Calzone Green Beans Fresh or Canned Fruit WG M&M Cookie (HS)	THURSDAY Chicken Patty W/G Bun Baby Carrots/Dip Sidekick Slushie WG Rice Krispie Treat Apple Juice (HS)	FRIDAY Footlong W/G Bun Baked Beans Fresh or Canned Fruit WG Rice Krispie Treat Fruit Snacks (HS)
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MENU #5 **MONDAY**

Rice Bowl Chicken, Rice, Fiesta Corn, Beans & Cheese Tostitos Baked Scoops Fresh or Canned Fruit Ice Cream Cup (HS)	TUESDAY Swiss Steak & Gravy Mashed Potatoes Fresh or Canned Fruit Goldfish Crackers (HS)	WEDNESDAY Bagel Bites Pizza Snacks Green Beans Fresh or Canned Fruit WG M&M Cookie (HS)	THURSDAY Chicken Drumsticks General Tso/Rice (HS) Broccoli Sidekick Slushie Egg Roll (HS)	FRIDAY Philly Beef & Cheese Tossed Romaine Salad Fresh or Canned Fruit SideKick Slushie Apple Juice (HS)
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Two Ways to Prepay For Lunches!!!

1. You may pay by check or cash. Please make all checks payable to *Northridge Local Schools* and include the students name and PIN number on the check.
 2. You may make online meal payments at payschoolscentral.com Please check our website and follow the link. This online system allows you to set up an account to view transactions, account balances, and allows you to set up automatic reload and email reminders for low balances.
- Menus are subject to change due to availability, change in schedule or inclement weather. We will do our best to communicate menu changes.
 - Students will be allowed to charge if they have forgotten their lunch money or if their account balance is low. However, it is expected to be paid the following day. After 3 lunch charges, the student will be given an alternative meal and a phone call will be made to remind parents of negative balance. No charges are allowed for breakfast, snacks or extras. There will be NO charges after March 13, 2020.
 - Free and Reduced lunch applications are accepted all year and can be obtained online at the payschoolscentral.com or Northridge website or a paper application can be picked up at any school office.
 - We cannot guarantee trace values of allergens due to manufacture production, alterations, substitutions, or recipe changes.
 - Northridge Local School participates in the NSLP. A meal consists of 5 components: an entrée, which is 2 components (a protein and a whole grain), a fruit, a vegetable, and a milk. Students must select at least 3 of the 5 components one of which must be either a fruit or vegetable. All students are required to purchase a full reimbursable meal but are allowed to substitute the carrots or apple for the vegetable or fruit being served that day.
 - Alternative Middle School Lunch options: PBJ Grab n Gos, Chef Salad or Popcorn Chicken Salad. There is a limited numbers of these available each day. We will not take special orders and it is on a first come first serve availability.
 - Alternative High School options: Hamburgers, Chicken, Chef Salad, Popcorn Chicken Salad, Southwest Chicken Salad, Taco Salad, Sub Sandwiches and Wraps. Salads are available everyday and other alternatives are rotated based on menu. We will not take special orders and it is on a first come first serve availability.
 - A variety of breakfast items are offered daily. A complete breakfast includes an entrée, juice, fruit, and milk. A student is required to take 1/2 cup of fruit or juice for a complete breakfast.
 - For additional information please contact Carley Lewis at clewis1@laca.org or 740-966-3275.

Follow the menu with its calendar day. Each week is represented by a color and represents a 5- week cycle menu. Please note that the last 2 weeks of MAY will be COOKS CHOICE.

This institution is an Equal Opportunity Provider & Employer.

Please check the website at: www.northridge.k12.oh.us

AUGUST 2019	SEPTEMBER 2019	OCTOBER 2019	NOVEMBER 2019	DECEMBER 2019	JANUARY 2020	FEBRUARY 2020	MARCH 2020	APRIL 2020	MAY 2020
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3	1 2 3 4 5 6 7	1 2 3 4 5	1 2	1 2 3 4 5 6 7	1 2 3 4	1	1 2 3 4 5 6 7	1 2 3 4	1 2
4 5 6 7 8 9 10	8 9 10 11 12 13 14	6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11	2 3 4 5 6 7 8	8 9 10 11 12 13 14	5 6 7 8 9 10 11	3 4 5 6 7 8 9
11 12 13 14 15 16 17	15 16 17 18 19 20 21	13 14 15 16 17 18 19	10 11 12 13 14 15 16	15 16 17 18 19 20 21	12 13 14 15 16 17 18	9 10 11 12 13 14 15	15 16 17 18 19 20 21	12 13 14 15 16 17 18	10 11 12 13 14 15 16
18 19 20 21 22 23 24	22 23 24 25 26 27 28	20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25	16 17 18 19 20 21 22	22 23 24 25 26 27 28	19 20 21 22 23 24 25	17 18 19 20 21 22 23
25 26 27 28 29 30 31	29 30	27 28 29 30 31	24 25 26 27 28 29 30	29 30 31	26 27 28 29 30 31	23 24 25 26 27 28 29	29 30 31	26 27 28 29 30	24 25 26 27 28 29 30